

- itinerary and confirmations - keep together in a folder for easy access
- visas and vaccinations - check website for requirements and plan in advance
<http://travel.state.gov>
- mail delivery - make arrangements for mail delivery in your absence
<https://holdmail.usps.com/holdmail>
- prescriptions - order refills for amount of time you'll be gone
- notify credit card companies of international travel; make copies of passport and credit cards
- add international plan to your mobile phone
- ship your luggage ahead - if you can't carry on your suitcase
<http://www.luggagefree.com>

PLAN YOUR TRIP

- wallpaper guides
[wallpaper guides](#)
- knopf mapguide
[knopf mapguides](#)
- lonely planet encounter guides
[lonely planet encounter guides](#)
- luxe city guides
[luxe city guides](#)
- make your own travel guides - type out the places you want to go, organizing by neighborhood

LEARN HOW TO SPEAK THE LANGUAGE

- earworms learning - audio program
<http://www.earwormslearning.com>
<http://www.apple.com/itunes>
- lonely planet phrasebooks
[lonely planet phrasebooks](#)
- make your own cheat sheet - find translations online for basic words and print out